

**PROVISIONAL TIMETABLE FOR THE AUSTRALIAN MASTERS ATHLETIC CHAMPIONSHIPS DARWIN 9<sup>th</sup> -12<sup>th</sup> JUNE 2017 (Revised 17.2.17)**

<b>DAY 1 FRIDAY 9/6/17</b>			<b>DAY 1 FRIDAY 9/6/17</b>					<b>DAY 1 FRIDAY 9/6/17</b>				
<b>TIME</b>	<b>TRACK EVENT</b>	<b>CATEGORIES</b>	<b>TIME</b>	<b>THROW EVENT 1 (only 1 location)</b>	<b>CATEGORIES</b>	<b>THROW EVENT 2 (at 2 locations)</b>	<b>CATEGORIES</b>	<b>TIME</b>	<b>JUMPS EVENT 1 (at 2 locations)</b>	<b>CATEGORIES</b>	<b>JUMPS EVENT 2</b>	<b>CATEGORIES</b>
<b>7:30am</b>	10,000m*	All Women	<b>7:30am</b>	Hammer	W30-44	Shot	W60-69 M60-69	<b>7:30am</b>	Long Jump	W70+ M70+		
			<b>8:30am</b>	Hammer	M30-44	Shot	W70+ M70+	<b>8:30am</b>	Long Jump	W45-49 M45-49		
<b>8:35am</b>	10,000m*	M60+										
			<b>9:30am</b>	Hammer	W45-49	Shot	W30-44 M30-44	<b>9:30am</b>	Long Jump	W50-59 M50-59		
<b>9:40am</b>	10,000m*	M30-59										
<b>10:30am</b>	60m	Heats where required	<b>10:30am</b>	Hammer	M45-49	Shot	W50-59 M50-59	<b>10:30am</b>	Long Jump	W60-69 M60-69		
<b>11:30am</b>	60m	Finals	<b>11:30am</b>	Hammer	W60-69							
	<b>AFTERNOON BREAK</b>											
<b>4:30pm</b>	1500m WALK	W60+	<b>4:30pm</b>	Hammer	W50-59							
<b>4:50pm</b>	1500m WALK	M60+										
								<b>5:00pm</b>	Long Jump	W30-44 M30-44		
<b>5:10pm</b>	1500m WALK	W30-59										
<b>5:30pm</b>	1500m WALK	M30-59	<b>5:30pm</b>	Hammer	W70+	Shot	W45-49 M45-49					
<b>5:50pm</b>	<b>OPENING CEREMONY</b>											
<b>6:00pm</b>	100m	Heats where required										
			<b>6:30pm</b>	Hammer	M50-59							
<b>7:30pm</b>	800m	All	<b>7:30pm</b>	Hammer	M60-69							
			<b>8:30pm</b>	Hammer	M70+							
<b>9:00pm</b>	100m	Finals										

(\*If number of entries permit the three 10,000m races could be reduced to two and the morning track program progressed.)

DAY 2 SAT. 10/6/17			DAY 2 SAT. 10/6/17					DAY 2 SAT. 10/6/17				
TIME	TRACK EVENT	CATEGORIES	TIME	THROW EVENT 1 (only 1 location)	CATEGORIES	THROW EVENT 2 (only 1 location)	CATEGORIES	TIME	JUMPS EVENT 1 (at 2 locations)	CATEGORIES	JUMPS EVENT 2	CATEGORIES
7:30am	5000m WALK*	W60+ M70+	7:30am	Discus	W45-49	Javelin	M45-49	7:30am	High Jump	W50-59 M50-59		
8:20am	5000m WALK*	W30-59										
			8:30am	Discus	W50-59	Javelin	M50-59	8:30am	High Jump	W60-69 M60-69		
9:10am	5000m WALK*	M30-69										
			9:30am	Discus	W60-69	Javelin	M60-69	9:30am	High Jump	W70+ M70+		
10:00am	2000m STEEPLE	All Women										
10:20am	2000m STEEPLE	M60+										
			10:30am	Discus	W70+	Javelin	M70+	10:30am	High Jump	W30-44 M30-44		
10:45am	3000m STEEPLE	M30-59										
11:05am	Short Hurdles 80/100/110m	All										
			11:30am	Discus	W30-44	Javelin	M30-44					
	<b>AFTERNOON BREAK #</b>											
4:00pm	200m	Heats where required	4:00pm	Discus	M45-49	Javelin	W45-49					
5:00pm	1500m	All	5:00pm	Discus	M50-59	Javelin	W50-59					
								5:30pm	High Jump	W45-49 M45-49		
			6:00pm	Discus	M60-69	Javelin	W60-69					
6:45pm	200m	Finals										
			7:00pm	Discus	M70+	Javelin	W70+					
			8:00pm	Discus	M30-44	Javelin	W30-44					
8:15pm	400m	Heats where required										

(\*If number of entries permit the three 5,000m Walks could be reduced to two and the morning track program progressed.)

(#Afternoon Break may include athletes/coaches forum. Alternatively the forum could occur on Sunday afternoon after the relays.)

DAY 3 SUN. 11/6/17			DAY 3 SUN. 11/6/17					DAY 3 SUN. 11/6/17				
TIME	TRACK EVENT	CATEGORIES	TIME	THROW EVENT 1 (Using all locations)	CATEGORIES	THROW EVENT 2	CATEGORIES	TIME	JUMPS EVENT 1 (at 2 locations)	CATEGORIES	JUMPS EVENT 2 (only 1 location)	CATEGORIES
7:30am	5000m*	W55+	7:30am	Throws Pent.#	M50-59			7:30am	Triple J	W60-69 M60-69	Pole V	M30-49
			8:00am	Throws P	M70+							
8:10am	5000m*	W30-54										
			8:30am	Throws P	M60-69			8:30am	Triple J	W70+ M70+		
8:40am	5000m*	M70+										
								8:45am			Pole V	M50-64
			9:00am	Throws P	W70+							
9:25am	5000m*	M60-69										
			9:30am	Throws P	W55-69			9:30am	Triple J	W45-49 M45-49		
10:00am	5000m*	M50-59	10:00am	Throws P	W45-54			10:00am			Pole V	M65+
			10:30am	Throws P	W30-44			10:30am	Triple J	W30-44 M50-59		
10:35am	5000m*	M30-49										
			11:00am	Throws P	M30-44							
11:15am	400m	Finals										
			11:30am	Throws P	M45-49			11:30am	Triple J	W50-59 M30-44	Pole V	All Women
12:30pm	Champion of Champions 100m	Finals										
12:45pm	4 X 100m Relay	All										
1:45pm	4 X 400m Relay	All										
6:30pm	<b>AWARDS DINNER</b>											

(\*If number of entries permit the six 5,000m races could be reduced to four or five and the track program progressed.)

(#NB: Throws Pentathlon is conducted in the following order: Hammer/Shot/Discus/Javelin/Weight)

